

Medical Homes

Primary Care Providers Keep You Healthy



and Take Care of You When You Get Sick

1. Like a car- your body needs regular check-ups
2. It is important that one health provider helps to take care of your basic health needs- not just a part of your body like many specialists do
3. Primary care providers help you in many different ways
 - ♥ They teach you how to stay healthy
 - ♥ They can treat you before health problems become serious
 - ♥ They help you to keep your immunizations up-to-date - thus preventing illnesses that can cause:
 - ♦ Pain
 - ♦ Fever
 - ♦ Coughs
 - ♦ Sore throats
 - ♦ Hearing loss
 - ♦ Blindness
 - ♦ Crippling
 - ♦ Brain damage
 - ♦ Death
 - ♥ They refer you to specialty care when you need it
4. Caring for yourself when you are sick takes a lot of time- your life is much easier when you stay as healthy as possible

